

## **FOR IMMEDIATE RELEASE**

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### **West Boca Medical Center Receives American Heart Association's Get With The Guidelines Gold Performance Achievement Award**

**BOCA RATON, FL (02/05/2010)** — West Boca Medical Center recently received the American Heart Association's Get With The Guidelines –Coronary Artery Disease Gold Performance Achievement Award. The award recognizes West Boca Medical Center's commitment and success in implementing a higher standard of cardiac care that effectively improves treatment of patients hospitalized with coronary artery disease.

Under the Get With The Guidelines –CAD program, patients are started on aggressive risk reduction therapies such as cholesterol-lowering drugs, aspirin, ACE inhibitors and beta-blockers in the hospital and receive smoking cessation/weight management counseling as well as referrals for cardiac rehabilitation before they are discharged. Hospitals that receive the Get With The Guidelines -CAD Gold Performance Achievement Award have demonstrated for 24 consecutive months that at least 85 percent of its eligible coronary patients (without contraindications) are discharged following the American Heart Association's recommended treatment guidelines.

"The American Heart Association applauds West Boca Medical Center for its success in implementing the appropriate evidence-based care and protocols to reduce the number of recurrent events and deaths in cardiovascular disease patients," said Gregg C Fonarow, M.D., National Chairman of the Get With The Guidelines Steering Committee and Director of Ahmanson-UCLA Cardiomyopathy Center. "West Boca Medical Center has achieved a high level of performance in terms of implementing these life-prolonging treatments."

"West Boca Medical Center is dedicated to making our cardiac unit among the best in the country, and the American Heart Association's Get With The Guidelines program is helping us accomplish that by making it easier for our professionals to improve the long-term outcomes of our cardiac patients," said hospital CEO Mitch Feldman. "We are pleased to be recognized for our dedication and achievements in cardiac care."

The American Heart Association's Get With The Guidelines –CAD program helps hospitals increase the use of and adherence to the association's secondary prevention guidelines for coronary artery disease. Developed to assist healthcare professionals follow proven standards and procedures before patients are discharged, Get With The Guidelines –CAD can help West Boca Medical Center reduce the risk of recurrent heart attacks and death in treated patients. The program, which works by mobilizing teams in acute care hospitals to implement American Heart Association/American College of Cardiology secondary prevention guidelines.

According to the American Heart Association, approximately 610,000 people suffer a new heart attack and 325,000 experience a recurrent heart attack each year. Statistics also show 1.26 million individuals are affected by CAD\* each year. Additionally, one in five deaths in the United States is caused by CAD.

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\*CAD data was taken from 2009 AHA CHD Statistical Update

### **About West Boca Medical Center**

West Boca Medical Center, part of Tenet South Florida, is a 195-bed acute care hospital located at 21644 State Road 7 in Boca Raton, Florida. The hospital has been serving the medical and health care needs of the community and surrounding areas for over 20 years.

West Boca Medical Center offers a broad array of services, including general medical and surgical care, cardiac and surgical intensive care, outpatient surgery services, 24-hour emergency services for adults and children, diabetes education, a cystic fibrosis program for adults and children, outpatient rehabilitation services and a sleep diagnostic center. The hospital also offers several specialties, including a level III neonatal intensive care unit, the BirthCare Pavilion, a pediatric unit and a pediatric intensive care unit. It is also a recipient of the HealthGrades Maternity Care Excellence Award four years in a row (2006/2007 and 2007/2008, 2008/2009 and 2009/2010). HealthGrades ranks West Boca's maternity program among the top 5% five percent in the nation.

West Boca Medical Center is fully accredited by the Joint Commission on the accreditation of Healthcare Organizations, the nation's oldest and largest hospital accreditation agency. For more information about West Boca Medical Center or for physician referral, call 866-904-WBMC (9262) or visit the website at [www.westbocamedctr.com](http://www.westbocamedctr.com).