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**West Boca Medical Center Receives Gold-Level Recognition as Start!
Fit-Friendly Company by the American Heart Association**

BOCA RATON, Fla. (November 2011) — West Boca Medical Center is proud to announce its 2011 Gold Achievement as a participant in the American Heart Association’s Start! Fit-Friendly Companies Program. This recognition confirms that West Boca Medical Center has met specific criteria of the American Heart Association for employee fitness and wellness.

“West Boca Medical Center takes care of our local community and we also make it a priority to take care of our employees too,” said Mitch Feldman, CEO, West Boca Medical Center. “We are proud to earn Gold Achievement as a Fit-Friendly Company, which confirms our success in providing employees with resources, tools and support to maintain healthy lifestyles both inside and outside of work.”

The Start! Fit-Friendly program is a catalyst for positive change in the American workforce, helping companies makes their employees’ health and wellness a priority. American employers face increasing healthcare expenses and health-related losses in productivity that cost an estimated \$225.8 billion a year. Many American adults spend most of their waking hours at sedentary jobs. Their lack of physical activity raises their risk for a host of medical problems, such as obesity, high blood pressure and diabetes. Employers face \$12.7 billion in annual medical expenses due to obesity alone. Start! helps change corporate cultures by motivating employees to start physical activity programs.

To earn Gold Achievement as a Start! Fit-Friendly Company, West Boca Medical Center encouraged employees to participate in the “*Healthy at Tenet*” wellness program. By enrolling

and participating in this program, employees earn points for engaging in routine exercise, not smoking, getting annual dental and physical exams, flu shots and eating healthfully. These points can even add up to dollars, earning employees financial reward through their personal health benefits plan.

About West Boca Medical Center

West Boca Medical Center, part of Tenet South Florida, is a 195-bed acute care hospital located at 21644 State Road 7 in Boca Raton, Florida. West Boca Medical Center has been serving the medical and healthcare needs of its community and surrounding areas for over 20 years.

West Boca Medical Center offers a broad array of services, including general medical and surgical care, orthopedics and sports medicine, a robotic surgery program offering minimally invasive surgery for gynecological, urological and general surgical procedures, a state-of-the-art diagnostic imaging center featuring open MRI and digital mammography, cardiac and surgical intensive care, outpatient surgery services, 24-hour emergency services for adults and children, diabetes education, a cystic fibrosis program for adults and children, outpatient rehabilitation services and a specialized sleep diagnostic center with a dedicated lab for infants and pediatrics as well as adults. West Boca Medical Center is also a Certified Primary Stroke Center, and received the 2010 American Stroke Association/American Heart Association's *Get With The Guidelines*-Stroke Bronze Performance Achievement Award, and the *Get With The Guidelines*-Heart Failure Silver Performance Achievement Award.

The hospital also offers several specialties, including a level III neonatal intensive care unit, the BirthCare Pavilion, a pediatric unit and a pediatric intensive care unit. It is also a recipient of the HealthGrades Maternity Care Excellence Award five years in a row (2006-2011). In addition, HealthGrades has ranked West Boca's maternity program among the top 5% five percent in the nation for four years in a row (2007-2011).

The hospital is fully accredited by the Joint Commission on the accreditation of Healthcare Organizations, the nation's oldest and largest hospital accreditation agency. For more information about West Boca Medical Center or for physician referral, call 866-904-WBMC (9262) or visit the website at www.westbocamedctr.com.

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