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## West Boca Medical Center Receives Gold-Level Recognition as Start! Fit-Friendly Company by the American Heart Association

West Boca Medical Center is proud to announce its 2011 Gold Achievement as a participant in the American Heart Association's Start! Fit-Friendly Companies Program. This recognition confirms that West Boca Medical Center has met specific criteria of the American Heart Association for employee fitness and wellness.

To earn Gold Achievement as a Start! Fit-Friendly Company, West Boca Medical Center encouraged employees to participate in the "Healthy at Tenet" wellness program. By enrolling and participating in this program, employees earn points for engaging in routine exercise, not smoking, getting annual dental and physical exams, flu shots and eating healthfully. These points can even add up to dollars, earning employees financial reward through their personal health benefits plan.