

HERLIFE

herlife spotlight

DR. AMIR SHARIATI, PJ

By Elizabeth Rosenberger
Photo by West Boca Medical Center

Providing the highest standard of care in the prevention and treatment of pelvic floor disorders in the safest and most effective manner.



Dr. Amir Shariati at West Boca Medical Center is leading the way in a new program called Pelvic Floor Medicine program. This program is to provide women with an alternative and more productive treatment for patients who develop pelvic floor issues. The term "pelvic floor" refers to the group of muscles that support the opening of a woman's pelvis. These muscles and their surrounding connective tissues keep pelvic organs functioning correctly by holding them in place. When these muscles or connective tissues weaken or become injured, a pelvic floor disorder can result. Patients commonly develop pelvic floor issues after childbirth or a hysterectomy, and many are not aware that treatment options are available.

According to the National Institute of Child Health and Human Development, an estimated one-third of all U.S. women are affected by one type of pelvic floor disorder in her lifetime. As an Urogynecologist and reconstructive pelvic surgeon, Dr. Shariati is addressing the need in South Florida for this minimally invasive treatment. "My background is in academics in my field and there is a clear lack of education and knowledge about these conditions and the latest minimally invasive treatments available," he says. "I am the only three-year fellowship trained Urogynecologist in Palm Beach County and deal with female pelvic floor dysfunction which includes pelvic pain, pelvic organ prolapse, and urinary and fecal incontinence. I am informing the community about their options. They are unaware of the options available; my presence is slowly

changing that."

Located at 21644 Slate Road 7 at West Boca Medical Center in Boca Raton, The Pelvic Floor Medicine program at West Boca Medical Center offers a full array of treatment options for urinary and fecal incontinence, pain during urination or intercourse, urinary urgency and frequency, recurrent bladder infections, pelvic organ, uterine, and vaginal vault prolapsed, cystocele, rectocele, enterocele, constipation, chronic pelvic

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gain, and pelvic floor muscle dysfunction.

"We at Florida Robotic and Minimally Invasive Urogynecology (FRMIU) are dedicated to the special needs of women with pelvic floor disorders," Dr. Shariati adds. "We take the time to conduct a thorough evaluation of your condition and determine a plan of care. Our goal is to provide the highest standard of care in the prevention and treatment of these symptoms in

the safest and most effective manner.”

Dr. Shariati is a recognized leader in Robotic surgery and Urogynecology. He is the only three-year fellowship trained Urogynecologist in Palm Beach County and one of only a few in the state of Florida. He contributes his time and expertise to peer-reviewed journals, articles and presentations. He has trained several surgeons in female pelvic medicine and reconstructive surgery.

Dr. Shariati grew up in the suburbs of Atlanta, Georgia, and attended Georgia Institute of Technology and graduated with honors with a degree in Chemistry. He completed his medical degree at Medical College of Georgia, followed by a residency in Obstetrics and Gynecology at the University of South Carolina. He then completed a three-year fellowship in Urogynecology and Reconstructive Pelvic Surgery at Indiana University. Dr. Shariati is a fellow of the American College of Obstetricians and Gynecologists, American Urogynecologic Society, American Association of Gynecologic Laparoscopists and American Medical Association. He has authored multiple peer-reviewed publications in Urogynecology and Reconstructive Pelvic Surgery.

His main interests are in minimally invasive surgery, bowel dysfunction, and preventative treatment of pelvic organ prolapse and urinary and fecal incontinence. He has advanced training in electrophysiology of the pelvic floor. He has been performing minimally invasive robotic surgery for prolapse and incontinence since 2004. He was the first person to utilize the dual console robotic surgery for prolapse in the country. He has performed hundreds of robotic surgeries for pelvic organ

prolapse and urinary incontinence. “Many patients develop pelvic floor issues after childbirth or hysterectomy and many of them change their lifestyle rather than seek treatment,” Dr. Shariati says. “If you think you are suffering from a pelvic floor disorder, West Boca Medical Center has the resources to provide you with the help you need.”

Dr. Shariati adds how important it is for women to be diagnosed by a professional who specializes in this area. “It is

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so easy to be misdiagnosed,” he says. “And I see a lot of patients who have been. They’ve been told there is no hope or help, or the wrong procedure has been performed on them. They need to know that with the proper diagnosis, there is help; there is hope.” ■

For more information about Dr. Shariati and the Pelvic Floor Disorders program, visit www.westbocamedctr.com or call 866-904-WBMC (9262).