



Greater Boca Raton Chamber of Commerce

## | HEALTH CARE |

# Living well is easy in Boca Raton

BOCA'S HEALTH CARE OPTIONS RIVAL METROPOLITAN FACILITIES.

October, 2011

**W**ith several major hospitals between Pompano Beach and Delray Beach, Boca Raton residents have full access to excellent health care, from routine checkups to highly specialized treatments.

Boca Raton Regional Hospital ([brrh.com](http://brrh.com)) has consistently focused its efforts and resources on one mission: the health and welfare of the patients it serves. Now, some 40 years after its inception as a small community hospital, that singular approach to medicine has placed the hospital in the vanguard of patient care in such areas as cardiovascular care, oncology, women's health, orthopedics, emergency medicine and the neurosciences.

With 400 licensed beds, 700 physicians, a

nursing and support staff of more than 2,000 and 1,200 volunteers, Boca Raton Regional Hospital has evolved from a capable community hospital into one of the preeminent medical centers in Florida. The hospital is a Joint Commission Designated Primary Stroke Center.

Boca Raton Regional Hospital is the recipient of the 2011 Distinguished Hospital Award for Clinical Excellence by HealthGrades, a leading independent health-care ratings organization. HealthGrades ranked the institution No. 1 in Florida for Overall Cardiac Services, No. 1 in Florida for cardiac surgery, No. 1 in Florida for the treatment of stroke, No. 2 in Florida for GI Services and No. 3 in Florida for gastrointestinal medical treatment.

In addition to the Distinguished Hospital Award, BRRH has received the 2010/2011 HealthGrades Women's Health Excellence Award and the 2010 HealthGrades Emergency Medicine Excellence Award.

The Christine E. Lynn Heart and Vascular Institute is ranked in the top 9 percent of open-heart programs nationally by the National Cardiac Database, and it offers a complete range of medical, interventional, surgical and endovascular services.

It is also ranked in the top 5 percent in the nation for cardiac and stroke for 2011 by HealthGrades. The 2011 awards include No. 1 in Florida for overall cardiac services and cardiac surgery and No. 1 in Florida for treatment of stroke. The



Boca Raton has state-of-the-art health care, with three major hospitals specializing in everything from neonatal care to cancer and heart health.



institute was named one of the Top 25 Hospitals with Great Cardiovascular Programs for 2010 by *Becker's Hospital Review*, along with some of the most well-regarded hospitals and health systems in the United States, such as Duke University Medical Center, Johns Hopkins Hospital and Ronald Reagan UCLA Medical Center.

The Harvey & Phyllis Sandler Pavilion, which houses the Eugene M. & Christine E. Lynn Cancer Institute, opened in November 2008. The award-winning 98,000 square-foot facility houses BRRH's imaging, radiation, chemotherapy and cancer support services as well as its clinical research capabilities.

The hospital's Center for Breast Care is internationally renowned and performs more than 90,000 procedures a year. It was named as one of the Top Women's Imaging Centers to Watch in 2009 by a leading trade journal.

West Boca Medical Center ([westbocamedctr.com](http://westbocamedctr.com)), part of Tenet South Florida, is a 185-bed acute-care hospital celebrating more than 25 years of service to the community. With about 500 physicians in an array of specialties and subspecialties, the medical center offers a broad

array of services, including general medical and surgical care, cardiac and surgical intensive care, pediatric services, outpatient surgery services, 24-hour emergency services for adults and children, diabetes education and a cystic fibrosis program for adults and children. In 2009, West Boca was designated a Primary Stroke Center by the state of Florida.

The hospital features a variety of surgical services that include orthopedics, urology, ophthalmology, cosmetic surgery and gynecology. The Outpatient Surgery Center, conveniently on the campus of the main hospital, specializes in minimally invasive surgery that results in shorter recuperation periods.

West Boca was the first hospital in Palm Beach County to feature the da Vinci S robotic surgical system. This provides surgeons with a tool that gives them three-dimensional vision, dexterity, two additional arms and machine accuracy. This robot supports minimally invasive techniques that can result in less pain, a shorter hospital stay and faster recovery than traditional surgery. It should be considered by people having prostate surgery, gynecologic

surgery or certain general surgeries. West Boca also has surgeons who perform Single Incision Laparoscopic Surgery (SILS), one of the latest advancements in minimally invasive laparoscopic surgery.

Also at West Boca, comforting personalized care is offered at the BirthCare Pavilion, which is designed to accommodate a variety of birthing options, including natural childbirth or anesthesia-assisted deliveries. Each of the comfortable, well-appointed private delivery rooms features a fetal-monitoring system, and neonatologists are available in the hospital 24 hours a day. In addition, the hospital offers a wide range of childbirth and parenting classes and support groups.

For five years in a row, the maternity program has been awarded the Maternity Care Excellence Award, a five star rating from HealthGrades. West Boca Medical Center's maternity program is ranked among the top 5 percent in the nation for maternity care.

In addition to the maternity services, the hospital offers a Level III neonatal intensive care unit (NICU), the highest level designated by the state and the only one of its kind from northern

Broward County to Boca Raton. The hospital provides care for premature babies who require specialized attention upon delivery as well as critically ill newborns.

The pediatric department provides a healing environment supported by advanced technology and equipment. For infants, children or adolescents who are critically ill or injured, the hospital offers a multidisciplinary pediatric intensive care unit staffed by dedicated pediatric intensivists.

In addition, West Boca Medical Center has the only dedicated pediatric emergency room in Boca Raton. A dedicated pediatric sleep center has recently opened as well as the pediatric rehabilitation center, on Glades Road.

The hospital is proud to offer a nurse-training site for area students, particularly those attending Palm Beach State College. West Boca also has its own radiologic technology school. Recognized by the American Registry of Radiologic Technologists, the school allows graduates to become state-certified as general radiographers (professionals who use X-rays and other forms of radiation to produce images of body parts and organs).

The hospital also operates an upscale diagnostic imaging center in the heart of Boca Raton. Available services include: MRI, 64-slice CT scan, digital mammography, ultrasound, bone densitometry, X-ray, fluoroscopy, EKG and PET CT. For more information, call 561/488-8000.

One of America's 50 Best Hospitals, Delray Medical Center ([delraymedicalctr.com](http://delraymedicalctr.com)) has served southern Palm Beach County for more than 25 years. A 493-bed acute care hospital at the hub of a 43-acre medical campus, the center offers comprehensive stroke care, cardiovascular care, orthopedics, diagnostic imaging, 24-hour emergency services and trauma, Fair Oaks Psychiatric Pavilion, neurosciences, outpatient services, the Fincrest Rehabilitation Hospital, a Sleep Disorders Center, surgery, urology, wound treatment and hospice.

Designated by the state as a Level II trauma center for adults and children, Delray Medical Center offers specially trained surgeons and nurses, surgical services and an eight-bed trauma intensive care unit, which is open 24 hours a day. The hospital offers comprehensive diagnostic and surgical services with specialists in allergy/immunology, cardiology, dermatology,

endocrinology, family practice, gastroenterology, gynecology, hematology/oncology, immunology, infectious disease, internal medicine, nephrology, neurology, otolaryngology, psychiatry, physical medicine and rehabilitation, podiatry, pulmonary disease, radiology, rheumatology and urology/nephrology.

Surgical options at Delray Medical Center include anesthetic, cardio/thoracic, colon/rectal, general/breast, neurological, ophthalmologic, oral/maxillofacial, otolaryngology, orthopedic, pediatric, plastic, trauma, urologic and vascular.

In 2011, for the fifth consecutive year, Delray Medical Center was recognized as one of America's 50 Best Hospitals by HealthGrades. In 2010, Delray Medical Center earned HealthGrades' Distinguished Hospital Award for Clinical Excellence for the ninth consecutive year.

In addition, the hospital was the recipient of the Cardiac Care Excellence Award (2005-2008). According to HealthGrades, these ratings place the center in the top 5 percent of hospitals in the nation for overall clinical performance.

Delray Medical Center is fully accredited by the Joint Commission on the Accreditation of Healthcare Organizations, the nation's oldest and largest hospital accreditation agency.

Ralph Waldo Emerson said, "The first wealth is health." If so, all the residents of Boca Raton are truly rich, thanks to our incredible medical community.

## BOCA'S HEALTH CARE At a Glance

The greater Boca Raton area has three first-rate hospitals, with more than 1,000 beds and a comprehensive array of specialties and disciplines, from cardiac or neonatal to cancer care and trauma. Medical facilities are highly ranked with numerous awards:

**■ BOCA RATON REGIONAL HOSPITAL:** 2011 Distinguished Hospital Award for Clinical Excellence, No. 1 in Florida for overall cardiac services, treatment of stroke by HealthGrades

**■ DELRAY MEDICAL CENTER:** Recognized in 2011 as one of America's 50 Best Hospitals by HealthGrades; designated by the state as a Level II trauma center for adults and children

**■ WEST BOCA MEDICAL CENTER:** Designated a Primary Stroke Center by the state of Florida, first hospital in Palm Beach County to feature the da Vinci S robotic surgical system, Level III neonatal intensive care unit (NICU), only dedicated pediatric emergency room in Boca Raton



Boca Raton Regional Hospital